

Pushing the boundaries.  
Post qualifying  
and postgraduate  
prospectus 2013

# Welcome to Health Sciences



It gives me great pleasure to extend a warm welcome to you from everybody at the Faculty.

In establishing Health Sciences we have developed a world class learning environment that focuses on the improvement of health outcomes and the transformation of healthcare delivery.

I hope you will find the University of Southampton to be an academic environment that is conducive to your learning and development.

Our programmes benefit from solid partnerships with practice settings, clinical and strategic leaders, and close involvement with service users.

Furthermore, leading professors contribute to the educational and research experience, whilst undertaking research of international renown themselves.

As Dean, I am passionate about striving to improve the experience of healthcare for service users in order to address their needs more personally, and also to give them more power and control over their health and wellbeing.

If you choose to study with us, you too will have the opportunity to make your own personal contribution to healthcare in the challenging but exciting times that lie ahead.

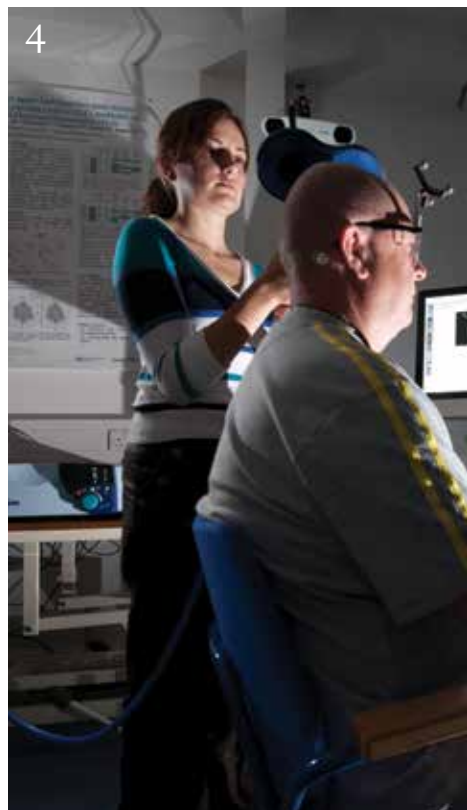
**Professor Jessica Corner**, Dean of Health Sciences.

## About the Dean

At the beginning of her career Jessica trained as a cancer nurse and is best known for developing a new approach for managing the symptoms of breathlessness in advanced lung cancer.

Her roles outside the University now include that of Chief Clinician at Macmillan Cancer Support where she advises on the charity's direction, vision and strategy.

Jessica is also currently working with the Nursing and Care Quality Forum, making recommendations to the Prime Minister about healthcare education, training and delivery.





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# Improving cancer care by informing policy. The Macmillan Survivorship Research Group.

**We are proud to be global leaders in the modernisation of cancer care, working in partnership with various organisations to achieve meaningful progress in services.**

For example, our Macmillan Survivorship Research Group's colorectal wellbeing project, known as CREW, has studied the experiences of more than a thousand bowel cancer survivors to discover ways of improving aftercare.

CREW examined a number of factors that influence everyday life for a person who is recovering from colorectal cancer. These included: the disease itself, the level of treatment, the type of problems that may arise, the support that is available, plus the full range of relevant coping skills.

The results of this study will now inform healthcare policy across the country, helping healthcare professionals better understand exactly what aids rapid recovery from bowel cancer treatment, an area that has been relatively neglected in the past.

Chief Executive of Macmillan Cancer Support, Ciarán Devane, said: "The CREW study is important in helping us learn more about bowel cancer patients and their different needs after treatment. The information gained through research will help us support and improve the lives of the increasing numbers of people who are living with and beyond cancer."

You can discover more about this research project by visiting [www.southampton.ac.uk/msrg](http://www.southampton.ac.uk/msrg)

# Research and learning

**As a student here you will not only benefit from our ground breaking research, you will be encouraged to conduct it too. This is your opportunity to work at the leading edge of your profession, alongside some of the world's best.**

## **Southampton Football Club chooses us for research**

Our researchers are working with Southampton FC to discover new ways of preventing injuries to players and protect them from arthritis later in life.

Working with elite athletes like professional footballers gives our postgraduate researchers the opportunity to be at the pinnacle of scientific developments. Plus, it gives them the priceless experience needed to develop their career in this exciting area of healthcare.

These research findings are also expected to benefit millions of service users who are at risk of developing arthritis. It is thought that this preventative approach, known as 'prehabilitation', could become a key life skill in the future.

Professor Maria Stokes, whose team from our Rehabilitation and Health Technologies Research Group are working alongside Southampton FC's physiotherapists, said: "We now need to prove scientifically that prehabilitation programmes work and make them as effective as possible, so that footballers worldwide can benefit."





## Non-medical prescribing

The Government's recent decision to give prescribing powers to podiatrists, physiotherapist, nurses, pharmacists and optometrists was partly based on evidence supplied by us at Health Sciences.

The Organisation and Delivery of Care Research Group, led by Professor Sue Latter, was commissioned by the Department of Health to undertake a thorough consultation process with a broad range of healthcare professionals to help inform future policy, education and practice. The study found empirical evidence that prescribing by nurses and pharmacists is safe and effective, and has the potential to significantly improve access to appropriate treatment.

Furthermore, senior podiatry lecturer, Dr. Alan Borthwick, gave evidence in favour of non-medical prescribing in his position as a member of the Department of Health Allied Health Professions Federation Medicines Project Board. He later said: "These planned changes to legislation will mean that patients will be able to receive more prompt and better access to treatment."

## High-tech implementation made simpler

Our researchers have been instrumental in developing a web-based toolkit that helps healthcare professionals implement research and innovations in practice.

This new resource creates conceptual models of the implementation process, setting out the variables that the operator needs to consider in a way that is simpler - saving time and money.

The team, led by Professor Carl May, secured Economic and Social Research Council funding for the project, which has received a lot of international attention. You can discover more about this pioneering web-based toolkit approach at [www.normalisationprocess.org](http://www.normalisationprocess.org)

## Evaluating continence products to enhance quality of life

Professor of continence technology Mandy Fader is currently working to investigate the effectiveness of different continence products.

Professor Fader and her team have embarked on a joint project with the International Continence Society and the International Consultation on Incontinence, to develop a website that helps users and healthcare professionals make evidence based product selections.

Mandy said: "The problem is that continence products are not subject to the same stringent regulations as drugs, so it is easy for a company to produce a device, but there are few standards to qualify how effective they are or whether they represent value for money."

Meanwhile she continues to test and evaluate continence products on behalf of NHS organisations and other funding bodies.



## Further information

Further information can be found on our website:  
[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

# Our academics

As a postgraduate student at Southampton, you will be learning from and working with academics at the forefront of their disciplines. Here are just a few of our academics.

## 1. Professor Mandy Fader

Professor of continence technology Mandy Fader qualified as a nurse in 1980 and began her research career at University College London, completing her PhD in 2001. She joined the Health Sciences Continence Technology and Skin Health group in 2004 and currently leads a team of researchers.

Mandy is an editor for the US Wound Ostomy and Continence Nursing Journal; and a committee member for ICS nurses and the International Consultation on Incontinence.

## 2. Professor Sue Latter

Professor of nursing Sue Latter is head of our Organisation and Delivery of Care Research Group. She is also a member of more than ten professional advisory groups and has been widely published in academic journals.

Her achievements include: leading national and international research into the quality and impact of non-medical prescribing and medicines management interventions; being at the forefront of research into patients' experiences of self management for long term conditions; plus driving strategic development and leadership in the development of research careers, including clinical academic careers.

## 3. Professor Jane Burridge

Professor of restorative neuroscience Jane Burridge leads our Rehabilitation and Health Technologies Research Group. Her particular interest is in modernising stroke rehabilitation services by using state-of-the-art technology as part of intensive, evidence-based therapy programmes.

Jane has achieved many professional distinctions, including the best scientist of the year award AMF California, US, in 2008, and the prize for best paper at the International Rehabilitation Robotics Conference (ICORR) Kyoto, Japan, in 2009. Furthermore, in 2010 she was elected president of the International Society of Functional Electrical Stimulation (IFESS).

## 4. Professor Alison Richardson

Professor Alison Richardson is a clinical professor in cancer nursing and end of life care. She leads our Cancer, Palliative and End of Life Care research group and is an eminent authority in her field. She has produced research studies of great international significance and is also widely published in academic journals.

Alison is also: chair of the National Cancer Action Team Cancer Nursing and Quality Group; member of the Cancer Reform Strategy Patient Experience Advisory Group; and founding editor of the Editorial Board of European Journal of Oncology Nursing.





#### Further information

To find out more about our academics visit  
[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

# Learning environment

A man in a wheelchair is wearing a head-mounted display (HMD) and looking at a computer monitor. A woman is standing behind him, adjusting the HMD. The monitor displays a grid of brain scan images. The setting appears to be a laboratory or research facility.

We have a spirit of research that is firmly embedded in our culture, which helps to set us apart from other universities. It is this environment that makes studying here a unique and exciting experience.

## Research centres and facilities

With a reputation for linking fundamental research with real-world applications, Southampton is home to cutting-edge research centres that consistently break new ground.

Our research centres have strong links with business, industry and government. For example, in the field of biomechanics we have several laboratories where we undertake research using the latest technology.

As a result, we can capture the three-dimensional movement of walking, or even the small and intricate movements of the hand and fingers. We can also measure forces exerted on the ground, as well as the torque produced by a joint.

These findings have particular relevance for advancements in stroke recovery.



## The new Clinical Academic Research Facility

As a postgraduate student your research may benefit from our new Clinical Academic Research Facility, which is based at Southampton General Hospital and dedicated to making discoveries that enhance both safety and essential care for service users.

The facility was opened in January 2013 by Jane Cummings, Chief Nursing Officer for England, and provides the most up-to-date laboratories and research facilities, helping you make discoveries in areas like: preventing pressure ulcers, nutritional support, infection control and end of life care.

Dean of Health Sciences, Professor Jessica Corner, said: "Working with our partner NHS organisations, our aim is to form a thriving clinical academic community to develop curiosity, creative drive and the robust research skills necessary to develop and improve patient care."

## Libraries

Our facilities are among the best in the country. The Hartley Library on the Highfield Campus is one of the leading research libraries in the UK. Facilities include a state-of-the-art learning centre, with consultation rooms, 'walk in' internet access, a language study area with computers linked to software for a range of languages, a café and a study lounge.

## The Centre for Innovation and Leadership

Our Centre for Innovation and Leadership is where you will be based for most of your postgraduate learning and research.

Your principal focuses here will be: improving health outcomes for individuals and populations; transposing great ideas, modern health policy and new technologies into everyday practice; examining exactly what matters to service users; and operating in emerging global markets.

The centre was founded to attract the best students, researchers, academics and clinicians by creating a culture of innovation leadership, enterprise and entrepreneurship.


We are committed to being among the very best in the world at what we do. Therefore we have invested heavily in personnel. For example, since 2010 we have recruited even more world class talent, giving us tremendous strength in depth across all our programmes.

## Further information

To find out more about our research centres and facilities, visit [www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)



# Your career



“It was the excellent research profile and academic reputation that attracted me to the University of Southampton. Without even considering other choices, I knew this was the right place. As a qualified podiatrist from Brunei I am passionate about improving my clinical knowledge in order to improve patient care outcomes.”

**Abdullah Sani Kamis**

Mphil/PhD in Health Sciences 2013

Abdullah is working towards generating guidelines on managing the foot health needs of people with rheumatoid arthritis that is both culturally sensitive and suitable for my home country.



As well as pushing the boundaries of knowledge in your chosen field, at Southampton you will have opportunities to develop the attributes that are vital for success in today's global employment market.

### Record of success

We will provide you with an extensive support network, both during and after University. Whatever career path you decide to follow, you will gain a wealth of skills and experience from Southampton. Our postgraduates have a reputation for excellence and an impressive record of success in entering a wide range of global organisations including major health charities and non-government organisations, as well as research and teaching posts at universities across the world.

Postgraduate study also makes good sense financially. Research conducted by the Higher Education Statistics Agency for its Destinations of Leavers from Higher Education survey showed that six months after graduating, average postgraduate salaries in the UK were £5,500 to £7,500 higher than for those with a first degree alone.

### Enhancing your career

At Career Destinations, the University's dedicated careers service, we offer a range of services including web resources for career development, careers advice, skills workshops and mock interviews.

During your postgraduate degree we will also help you gain the transferable skills – such as independent thinking, problem solving and teamwork – which employers really value. You can also get involved in our student entrepreneurial society that had a winning team in the national Students in Free Enterprise (SIFE) competition in 2011. The Southampton team also represented the UK at the SIFE World Cup in Malaysia in October 2011.

### Meeting the challenges of modern healthcare

As you will know, modern healthcare is full of challenges. That is why at Health Sciences we are committed to finding solutions that will continually advance every healthcare profession, and ultimately improve outcomes for service users.

All our programmes are led by the findings of our own ground breaking research, giving you some of the latest scientific knowledge to take back to your workplace. Then there is our multi-disciplinary approach, which gives you the awareness to appreciate your role in its broadest context.

We are also proud of our values-based ethos, which helps you to further develop your skills of emotional intelligence, therefore improving the experience of people in your care. In fact, close consultation with service users is one of the central tenets of our philosophy.

Finally, we firmly believe that effective management in healthcare organisations is one of the main drivers of progress. As a result, we have recruited some of the world's most highly respected professors; people who are authorities in their fields, and will now pass on their skills and knowledge to you.

### Further information

To find out more about Career Destinations, visit [www.southampton.ac.uk/careers](http://www.southampton.ac.uk/careers)

# Student life

The University of Southampton's six campuses all offer a friendly, vibrant and diverse atmosphere for work and leisure.

## Campuses

Our main Highfield Campus, in the north of Southampton, is home to the Students' Union, the Jubilee Sports Centre, the Hartley Library, a 330-seat Uniplex cinema and three leading arts venues: The Nuffield Theatre, the Turner Sims concert hall and the John Hansard Gallery.

A few minutes' walk from Highfield is Avenue Campus, which houses most disciplines within Humanities, and the Centre for Language Study. It has a library, lecture theatres, focused study spaces and catering amenities.

Three miles west of Highfield is Southampton General Hospital, one of the country's leading teaching hospitals and the base for Medicine. The campus offers modern laboratories, computer suites, refurbished lecture theatres, catering facilities and a specialist health services library.

Located on the city's waterfront, the National Oceanography Centre Southampton is one of the world's leading research centres for the study of ocean and Earth sciences. The campus has its own fitness suite, sports hall and catering facilities.

Winchester School of Art is located 12 miles north of Southampton, in Winchester city centre. The campus provides purpose designed studios and workshops, an extensive specialist library, Students' Union facilities, a café and a well-stocked art supplies shop.

Our branch campus for engineering is in EduCity, Iskandar in Malaysia and benefits from innovative world-class facilities for engineering and full access to the learning resources at our UK campuses. It offers postgraduate students the opportunity to study in a safe international environment.

## Social life

As a postgraduate student you will automatically become a member of Southampton University's Students' Union (SUSU), one of the largest in the UK. Postgraduate students also enjoy full access to the Staff Social Centre facilities.

The Students' Union provides a range of places to eat great food, hear top bands, see the latest films and get information and advice. The Jubilee Sports Centre houses a 25m swimming

pool, badminton and squash courts and a fitness studio. Our outdoor facilities include eight tennis courts, two floodlit synthetic turf pitches and a number of grass pitches. We also offer a wide range of water sports to cater for everyone, from beginners to elite athletes.

You can also take part in a whole host of clubs and societies, from snowboarding and mountain biking to photography and philosophy. Whatever your interests, SUSU organises a diverse range of events and activities to keep you entertained. Our societies range from the cultural and course-related, to the international, sporting and political.

## Accommodation

With 20 halls of residence and first-class facilities it's no wonder our accommodation is so popular. We have more than 5,000 places in 20 halls that provide a wide range of living arrangements that all offer excellent value for money. Our halls vary in size, character and facilities, but they all provide the same high-quality accommodation in a safe, diverse, inclusive environment. We have accommodation specifically for postgraduates, from standard packages to self-catered studio flats. We also have a limited number of properties suitable for couples and families.

If you are a UK or EU student, we welcome your application for a place in halls, which we allocate subject to availability. If we are unable to offer you a place in halls, we can give you help and advice on securing private rented accommodation.

## International Students

If you are a full-time registered international postgraduate student, you are guaranteed an offer in halls for your first year of study, provided that you are unaccompanied, live outside Southampton and we receive your accommodation application by the advertised deadline.


## Contact us

University Residences

Tel: +44 (0)23 8059 5959

Email: [accommodation@southampton.ac.uk](mailto:accommodation@southampton.ac.uk)

[www.southampton.ac.uk/accommodation](http://www.southampton.ac.uk/accommodation)



“The excellent facilities available here are what initially drew me to the Faculty. In particular there’s a valuable gait analysis laboratory which enables me to measure movement dynamically and quantifiably.”

**Lucy Gates**

Arthritis Research UK PhD Fellow 2014





# Southampton and region

**Southampton is a thriving modern city, steeped in history and culture. Just over an hour south of London, Southampton has excellent transport links with the rest of the UK.**

## **A lively city**

Close to the city centre, the University forms an integral part of this dynamic, multicultural city. Our location offers a vibrant mix of recreation, culture and entertainment – from restaurants, cafés, bars and nightclubs to cinemas, sports facilities, internationally acclaimed arts venues and one of the south of England's top shopping centres. The University is next to Southampton Common, a protected Site of Special Scientific Interest with extensive areas of public open space and managed woodland.

Whether you fancy a lunch with friends or dancing into the small hours, Southampton has the right venue. From intimate lounge bars and roof terraces to Leisure World, which houses a casino, bowling alley, several restaurants and bars, a 13-screen cinema and two nightclubs, there is something for everyone. Historic Oxford Street is home to Southampton's finest restaurants, but wherever you are in the city you will be spoiled for choice, with restaurants offering a wide variety of cuisines from across the

globe and catering for every budget. In the city centre you will also find West Quay, one of the south coast's top shopping centres. Whatever your musical tastes there are great venues in Southampton for live music. The Joiners, for example, is known for up-and-coming bands – Coldplay, Oasis and Radiohead all played there before they were famous. The Guildhall is a multi-purpose venue that stages jazz and rock as well as a range of contemporary and classical music.

Southampton's thriving port handles in excess of 42 million tonnes of cargo annually. It is the cruise industry capital of northern Europe and is engaged in sustained and continued city centre development that continually strives to improve its already enviable facilities.

## **A connected city**

Just over an hour from central London, Southampton has excellent transport links with the rest of the UK and internationally, by road, rail, sea and air. The city is serviced by two mainline train stations, with direct trains to London Waterloo and within easy reach of the Eurostar at St Pancras International. Southampton Airport offers regular flights to UK and major European destinations. Our own award-winning uni-link bus service connects all Southampton





campuses and halls of residence, the city centre, the airport and both railway stations.

Less than half an hour from Southampton is the New Forest National Park, with vast open heathland and beautiful forest. The resorts of Bournemouth and Poole are just down the coast, while a short ferry ride takes you to the Isle of Wight, which hosts Cowes Week, the largest and most prestigious international sailing regatta in the world.

### **A historic city**

Southampton has a fascinating history. It was from here in 1415 that Henry V set sail for Agincourt. The Pilgrim Fathers first set sail from here in 1620 on their historic journey to the New World, and the ill-fated *Titanic* sailed from Southampton in 1912.

Southampton has a rich aviation heritage, with the Spitfire, the fighter aircraft that won the Battle of Britain, developed in the region in the 1930s. As well as an area of outstanding natural beauty, the New Forest has a fascinating history. Created in 1079 by William the Conqueror as an area for hunting deer, it became an important source of timber for the Royal Navy. Today the forest retains many historical rural practices, such as pasturing of ponies, cattle, pigs

and donkeys in the open forest by local inhabitants, known historically as the 'commoners'.

### **A modern city**

Today, Southampton has one of the biggest commercial ports in Europe, and the city is known across the world as the home of the giant cruise liners, *Queen Mary 2* and *Queen Victoria*. Its coastal location means that Southampton offers a vast range of opportunities for sport and leisure, with waterfront marinas and a major focus on water sports, sailing and ocean racing. The city hosts the largest on-water boat show in Europe – the annual Southampton Boat Show.

### **Winchester**

The historic city of Winchester – England's ancient capital – is just 12 miles north of Southampton, and is home to the University's internationally renowned Winchester School of Art. Popular for its bustling shopping streets and spectacular architecture, Winchester is perhaps best known for its 11th century cathedral and the Great Hall, which houses the mysterious Round Table of King Arthur. The city's rich cultural heritage is complemented by a lively atmosphere and a wide variety of pubs and restaurants, museums, theatres and galleries.

# Programme overview

Achieve your career goals thanks to our flexible postgraduate programmes

## Where do I start?

All our postgraduate programmes are designed to match the requirements of employers and professional bodies. As a result, a masters degree, research degree, or doctorate from us represents your passport to more senior clinical roles.

We also give you the flexibility you need to work and study at the same time, which means no gap in your CV. You can even choose which elements of which courses you want to study to top up your skills, fitting your individual career path precisely.

## Postgraduate Taught

All our postgraduate programmes can be broken down into core, required and optional modules. Core

modules must be taken as part of the requirement for the qualification, required modules will be necessary to complete set pathways, and optional modules may be selected to satisfy your individual aims or interests.

If you wish to take one of our postgraduate degrees in the future it might be worth taking one or two modules before you enrol. That is because up to 30 credits can be transferred.

## Postgraduate Research

Currently we run two research doctorate programmes: the MPhil/PhD research doctorate and the Doctorate in Clinical Practice (DClinP). As a student on either of these courses you will represent an integral part of our vibrant and dedicated research community.



“Our education benefits from close partnership with practice settings and clinical leaders who enjoy joint appointments with us”

**Jessica Corner**

Dean of Faculty of Health Sciences

### Learning

Most programmes require attendance at university along with a set number of study hours, whilst others involve more online learning.

You will also undertake independent study, as well as assignment preparation where relevant. A significant part of your learning will be demonstrated through assignments and may also be assessed in practice. For modules studied at a distance, tutorial support will be provided online.

### Work based learning

This is a flexible approach that may be tailored to the exact needs of an individual or group that is undertaking the same learning. It will give you the opportunity to gain academic credit for the knowledge and skills you are currently developing and using every day.

This option has no predetermined outcomes. You will agree a contract for the learning you wish to achieve with your manager or academic adviser at the outset.

### Understanding credits

All modules are credited using the new European Credit Transfer System (ECTS) which replaces the former Credit Accumulation and Transfer System (CATS). Typically, a post graduate diploma is 60 ECTS; a bachelors degree is 180-240 ECTS and a masters degree is 90 ECTS. Doctorates are not normally credit rated, however, our DCLinP is 180 ECTS.

### Understanding academic levels

Higher education level 5: HE level 5 (diploma)

Higher education level 6: HE level 6 (degree)

Higher education level 7: HE level 7 (masters)

Higher education level 8: HE level 8 (doctorate)

### Clinical Academic Doctoral Fellowship Scheme

This scheme is open to postgraduates on our MPhil/ PhD programme who are aspiring to become clinical academic leaders of the future. The skills you gain will enable you to become future Directors of Nursing, Professors of Nursing, or Professors of Allied Health Professionals.

Further information can be found on the Health Sciences website  
[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

# BSc (Hons) Clinical Practice

This interdisciplinary post registration BSc programme will develop your ability to assess, plan, deliver and evaluate client centred care within your chosen field. Your ability to make sound clinical judgements, critically analyse policy issues and apply knowledge, as well as manage your personal career development, will also be greatly enhanced.

### Key facts

**Duration:** two to four years part time, with the opportunity to undertake some modules at a distance through online learning.

### Programme information

This degree option is your opportunity to become a better all round practitioner with a much clearer understanding of the complexities associated with interprofessional practice, making you more valuable to your employer.

Your ability to make sound clinical judgements through careful evidence led analysis will also be vastly improved by this programme.

Furthermore, you will improve your understanding of the context of modern healthcare, as well as your ability to analyse the issues that affect the delivery of care.

### Modules

Core module
Enhancing practice through critical appraisal and reflection 15 ECTS HE6
Option module
Option module (see module choices on page pages 36-37) or Work Based Learning module 7.5 ECTS To total 45 ECTS HE6

 Core module     Option module

This programme is made up of one core module and a range of options modules. You will be able to select option modules to meet your personal learning needs in relation to your clinical practice. You will then undertake the core module, which will concentrate on a specific clinical question relevant to your practice setting.

### Entry requirements

- You must be a registered health care professional practising in a health and social care setting.
- Have support from a clinical manager to achieve modules outcomes.
- Possess 60 ECTS at HE5 or satisfy entry requirements via the Experienced Practitioner route.
- This programme is open to home and international students.

### Further information

Programme lead:  
Tracey Harding, t.a.harding@southampton.ac.uk  
+44 (0)23 8059 8238

Deputy Programme Lead:  
Christine Whitehead, csw@southampton.ac.uk  
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# BSc (Hons) Public Health Practice: Specialist Community Public Health Nursing

If you are a registered nurse or midwife you can move your career forward with this community nursing qualification, which will improve your leadership and management skills. As a result, you will become eligible for employment as a health visitor, school nurse, occupational health nurse or sexual health practitioner.

## Key facts

**Duration:** One year full time or up to five years part time (dependent on pathway)

**Pathways:** There are four pathways on this programme:

- Health Visiting
- Occupational Health Nursing
- School Nursing
- Sexual Health

## Programme information

The programme is designed specifically for nurses and midwives who wish to achieve progression in their careers by moving into a more community based role. Throughout your studies you will learn skills in leading, managing, delivering and enhancing the health of individuals, groups and whole communities. You will also select a pathway depending on your particular career aims.

## Modules

All are core modules for the relevant pathways

Our aim is to help you develop a greater critical awareness of health protection, health promotion and community development.

There are three core modules, along with two pathway specific modules and two practice modules. This design enables you to meet your specific career goals.

When you graduate you will be able to enter part three of the Nursing and Midwifery Council register for Specialist Community Public Health Nursing.

## Entry requirements

- You must be a registered practising nurse or midwife.
- Possess a minimum of 60 ECTS at diploma level (level 5).
- Have support from a clinical manager to achieve module outcomes.
- You must have financial sponsorship from a community service provider.

## Further information:

Programme Lead:

Wendy Wigley, w.wigley@southampton.ac.uk

+44 (0)23 8059 8281

Health Visiting			
Community Public Health Nursing – Skills for Health Visiting Practice 10 ECTS	Evidence Based Practice, Research and Epidemiology for Health Visiting 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
School Nursing			
Specialist Community Public Health Nursing – Skills for School Nursing Practice 10 ECTS	Evidence Based Practice, Research and Epidemiology for School Nursing 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
Sexual Health			
Sexual Health Care Practice 10 ECTS	Sexual Health and Meeting Complex Needs 10 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
Occupational Health Nursing			
Occupational Health Care Skills 10 ECTS	Evidence Based Practice, Research and Epidemiology in Occupational Health Nursing 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]

# Postgraduate Diploma in Nursing

You can get everything you need to begin your nursing career by completing this programme. Whether you wish to work in adult nursing, child nursing, or mental health nursing, this diploma will give you the credentials you need to apply to register with the Nursing and Midwifery Council as a qualified practitioner.

### Key facts

**Duration:** two years full time

### Pathways:

- Adult Nursing
- Mental Health Nursing
- Child Nursing

### Programme Information

Whichever discipline you choose to study, this pre-registration programme represents a rigorous combination of theoretical work in the classroom and practical experience in clinical settings.

The main emphasis is on developing higher level skills of critical thinking, reasoning and analysis. You will also develop enhanced leadership skills, which will equip you to supervise, delegate and challenge practice.

### Modules

Year 1			
Fundamental Principles of Nursing	Fundamental Principles of Nursing 2	Assessment for Care	Policy, Partnerships and Planning
Year 2			
Practice Development	Clinical Leadership	Public Health and Interprofessional Practice Experience	

 Core module

Furthermore, you will become experienced at making complex decisions, evaluating practice, co-ordinating care and acting as an advocate for service users.

This programme represents two thirds of a masters degree. You are free to achieve the outstanding third at some point in the future through a top-up course.

### Entry Requirements

- You must possess GCSE English Language, maths and science (A\*-C).
- 2:2 Honours degree (minimum).
- a first degree in a biological sciences related subject may be an advantage for applicants but it is not essential.

### Further information:

Programme lead:  
Debra Ugboma, d.ugboma@southampton.ac.uk  
+44 (0)23 8059 7979

*Applicants must apply through UCAS for this programme.*

Please note this programme is undergoing revalidation and so modules may be subject to slight change. Please check our website for the most up-to-date module information.

# Postgraduate Diploma in Public Health Practice: Specialist Community Public Health Nursing

If you are a registered nurse or midwife you can move your career forward with this community nursing qualification, which will improve your leadership and management skills. As a result, you will become eligible for employment as a health visitor, school nurse, occupational health nurse or sexual health practitioner.

## Key Facts

**Duration:** one year full time or up to five years part time (dependent on pathway)

**Pathways:** There are four pathways on this programme:

- Health Visiting
- Occupational Health Nursing
- School Nursing
- Sexual Health

## Programme Information

The programme is designed specifically for nurses and midwives who wish to achieve progression in their careers by moving into a more community based role. Throughout your studies you will learn skills in leading, managing, delivering and enhancing the health of individuals, groups and whole communities. You will also select a pathway depending on your particular career aims.

## Modules

All are core modules for the relevant pathways.

Our aim is to help you develop a greater critical awareness of health protection, health promotion and community development.

There are three core modules, along with two pathway specific modules and two practice modules. This design enables you to meet your specific career goals.

When you graduate you will be able to enter part three of the Nursing and Midwifery Council register for Specialist Community Public Health Nursing.

## Entry Requirements

- You must be a registered practising nurse or midwife
- You must hold a relevant first degree (2:2 classification or above)
- You must have financial sponsorship from a community service provider.

## Further information

Programme Lead:

Wendy Wigley, w.wigley@southampton.ac.uk

+44 (0)23 8059 8281

Health Visiting			
Community Public Health Nursing – Skills for Health Visiting Practice 10 ECTS	Evidence Based Practice, Research and Epidemiology for Health Visiting 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
School Nursing			
Specialist Community Public Health Nursing – Skills for School Nursing Practice 10 ECTS	Evidence Based Practice, Research and Epidemiology for School Nursing 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
Sexual Health			
Sexual Health Care Practice 10 ECTS	Sexual Health and Meeting Complex Needs 10 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]
Occupational Health Nursing			
Occupational Health Care Skills 10 ECTS	Evidence Based Practice, Research and Epidemiology in Occupational Health Nursing 15 ECTS	Taught Practice (pathway specific) 10 ECTS [level 6]	Consolidated Practice (pathway specific) 5 ECTS [level 6]

# MSc Advanced Clinical Practice

This programme will meet your needs if you are an experienced nurse, midwife or allied healthcare practitioner who is looking to further develop your practice and/or prepare for a clinical practice role at a senior level.

### Key facts

**Duration:** One year full time two to five years part time

### Pathways:

- 1. Standard Pathway
- 2. Advanced Neonatal Nurse Practitioner and Advanced Neonatal Practitioner
- 3. Advanced Nurse Practitioner and Advanced Practitioner
- 4. Children and Young People
- 5. Critical Care
- 6. Midwifery
- 7. Specialist Practice Community Nursing (District Nursing or Community Children's Nursing)

### Programme Information

This flexible programme offers you a choice of a standard pathway that includes three option modules, or one of nine named pathways focused on a particular aspect of clinical practice.

This programme will enable you to strengthen your existing knowledge, skills and competencies whilst also preparing you for roles that require greater autonomy, responsibility and more complex clinical decision making. Some of the pathways are specifically focused on the preparation of those working in or towards Advanced Practitioner or Specialist Practitioner roles.

The programme is underpinned by the Department of Health (2010) position statement on advanced level

practice, and other relevant national and international advanced/specialist practice standards and guidance documents.

### Entry Requirements

- A first degree (2:2 class or above) or equivalent in a relevant subject from an approved institution of higher education.
- A current professional registration with a relevant professional/statutory body or equivalent. (For the advanced practitioner/specialist practice pathways professional registration with a UK professional regulator will be required).
- A current or recent relevant job contract in a clinical or clinically related area.
- At least two years relevant post registration clinical experience.
- At least one satisfactory reference (on some occasions a second reference will be required).
- Community Nursing pathway applicants must be UK nurses registered with the NMC; sponsorship or secondment is normally also required from an NHS or similar employer.

### Further information

Programme Lead:  
Dr Helen Rushforth, her@southampton.ac.uk  
+44 (0)23 8059 7919

Programme Lead for neonatal pathways:  
Susan Smith, sls1@southampton.ac.uk  
+44 (0)23 796 396

Programme Lead for community nursing pathways:  
Dr Mark Rawlinson, m.rawlinson@southampton.ac.uk  
+44 (0)1983 534 112

### Modules

All modules are 10 ECTS (equivalent to 20 CATS credits) unless otherwise stated:

Modules core to all pathways are:		
Research Methods for Evidence Based Practice	Decision Making for Advanced Clinical Practice OR Diagnostic Assessment and Decision Making	Transition to Advanced Practice
Dissertation 30 ECTS		

■ Core module



In addition to the core modules listed on page 24 the required/option modules which need to be studied to complete the different pathways are:

Standard Pathway		
Option Module	Option Module	Option Module
Advanced Neonatal Nurse Practitioner and Advanced Neonatal Practitioner Pathways		
Pre-programme Science Package (underpinning physiology for programme). No credit		
Assessment and Examination of the Newborn	Advanced Neonatal Studies	Pharmacology and Applied Clinical Science
Independent and Supplementary Prescribing: (Optional for those wishing to become non medical prescribers)		
Advanced Nurse Practitioner and Advanced Practitioner Pathways		
Pre-programme Science Package (underpinning physiology for programme). No credit.		
Principles of History Taking and Physical Assessment	Pharmacology and Applied Clinical Science	Independent and Supplementary Prescribing OR option module
Children and Young People Pathway		
Two of: – Assessment and Examination of the Newborn – Complexities of Care in Forensic Child and Adolescent Mental Health – End of Life Care for Children and Young People – High Dependency and Intensive Care of the Neonate	– Health Promotion, Motivational Interviewing and Health Behavioural Change – Recognising and Prioritising Care of the Deteriorating Child – Safeguarding Children and Young People – Work Based Learning (WBL) or Open Module with a Child/Young Person focus	Option Module
Critical Care Pathway		
Advancing Practice in Critical Care	Two of: – Contemporary Advances in Cardiology – Independent and Supplementary Prescribing – Pharmacology and Applied Clinical Science	– Principles of History Taking and Physical Assessment – WBL or Open module with a critical care focus  Option Module
Midwifery Pathway		
Two of: – Advancing Maternity Care – Contemporary Issues in Midwifery Practice OR one of the above AND one of: – Assessment and Examination of the Newborn	– Safeguarding Children and Young People – Health Promotion, Motivational Interviewing and Health Behavioural Change – WBL or Open Module with a midwifery focus	Option Module
Specialist Practice Community Nursing Pathway: (District Nursing in the Home or Community Children's Nursing Pathway)		
Principles of History Taking and Physical Assessment	Pharmacology and Applied Clinical Science for Medicines Management plus V100	Community Nursing in the Home (District Nursing OR Children's Community Nursing) 20 ECTS

# MSc Clinical Leadership in Cancer, Palliative and End of Life Care

This interdisciplinary programme is an exact fit if you wish to develop your career leading the care and services provided to people with life-threatening and life-limiting conditions. Our ultimate goal is to foster your ability to lead compassionate and sensitive patient care, to design and lead services, and to harness the potential of those with whom you work.

### Key Facts

**Duration:** One year full time; two to five years part time

### Programme Information

After completing the specialty core modules, along with an e-research methods module, you will have the freedom to tailor your studies to suit your individual career aspirations.

Firstly, you will choose a relevant option module from all the programmes we offer at the University. Then, you will complete a dissertation that addresses an aspect of the subject you particularly wish to pursue.

Throughout your studies you will participate in the cancer, palliative and end of life care research group seminars and will engage in debate with renowned researchers in this area.

### Entry Requirements

- You should hold a first degree (2:2 or above) or equivalent, in a relevant subject from an approved institution of higher education.
- You must hold professional registration with the relevant professional/statutory body or equivalent.
- Be in current employment in a clinical service providing care to adults or young people or children with cancer, palliative care (as a consequence of any illness) or end of life care needs.
- Be able to provide a satisfactory reference and evidence of support from your manager.
- This programme is open to home and international students.

### Further Information

Programme Lead:  
Dr Sue Duke, sd11@southampton.ac.uk  
+44 (0)23 8059 7882

### Modules

Core modules		
Specialist Practice in Cancer, Palliative and End of Life Care 15 ECTS	Policy and Service Design in Cancer, Palliative and End-of-Life Care 15 ECTS	International and Contemporary Perspectives of Clinical Leadership in Cancer, Palliative and End of Life Care 15 ECTS
Required modules (one to be taken)		
Dissertation 30 ECTS	E-Research Methods 10 ECTS	
Option modules Required and option modules to total 40 ECTS		
Option unit from the wider university to total 10 ECTS		

Core module   Required module   Option module

# MSc Health and Rehabilitation

This interdisciplinary programme will enable you to become a more efficient practitioner by giving you a thorough grounding in how to understand the evidence that underpins healthcare. With this enhanced expertise you will become an even greater asset to your employer, as well as a suitable candidate for senior roles.

### Key Facts

**Duration:** one year full time, two to five years part time.

### Programme information

On completion of this programme you will be a more efficient practitioner, who accurately and consistently interprets evidence to improve care.

Through a combination of core and required modules you will acquire a systematic knowledge and critical understanding of current research relating to your area of practice.

You will also become better at critically examining complex interventions within your field.

Furthermore, you will exercise your creativity in solving complex health and social care problems,

and also use independent judgement and critical self-awareness to reflect on practice.

Typical option modules include: injection therapy, sensory processing and cognition, and sensory-motor interaction in neurorehabilitation.

### Entry requirements

- You must hold professional registration with the relevant professional/statutory body or equivalent.
- You should hold a relevant first degree - 2:1 or above preferred.
- You may be admitted without a relevant first degree if you can demonstrate qualifications and experience at the right level.
- This programme is open to home and international students.

Full entry requirement details can be found on our website.

### Further Information

Programme lead:

Dr Peter White, [pjw1@southampton.ac.uk](mailto:pjw1@southampton.ac.uk)

+44 (0)23 8059 8954

### Modules

Core modules		
Research Methods for Evidence Based Practice 10 ECTS	Outcome Tools for Effective Practice 10 ECTS	Dissertation 30 ECTS
Required modules (one to be taken)		
Extending Practice in Upper Quadrant Musculoskeletal Disorders (shoulder & Elbow) 10 ECTS	Extending Practice in the Assessment and Management of Musculoskeletal Spinal Pain 10 ECTS	Injection Therapy 10 ECTS
Psychological & Social Relationships in Health and Rehabilitation 10 ECTS	Sensory Motor Interaction 10 ECTS	Sensory Processing and Cognition 10 ECTS
Independent and Supplementary Prescribing: Part One – Pharmacology and applied clinical sciences for prescribing and advanced medicines management 10 ECTS*	Independent and Supplementary Prescribing: Part Two – Prescribing in Practice 10 ECTS*	Assessment and engagement of patients using low intensity CBT 10 ECTS
Health Promotion, motivational interviewing and health behaviour change 10 ECTS	Management of Chronic Obstructive Pulmonary Disease (COPD) in Primary and Secondary Care 10 ECTS	
Option modules Required and option modules to total 30 ECTS		
Option module from wider university (including the above)		

\*Need to be taken as a pair and are only available to health professionals with 3 years post qualifying experience.

 Core module    Required module    Option module

# MSc Health Sciences

Whether you are a clinician or a non clinician, this programme will develop your independent and critical thinking skills - enabling you to constructively question healthcare policy and practice. It will also give you the skills you need to address and find innovative solutions to complex problems in healthcare.

### Key facts

**Duration:** one year full time, or between two and five years part time.

### Pathways:

- Standard Pathway
- Mental Health Pathway

### Programme information

This interdisciplinary course is highly flexible and comprises a mix of core and optional modules, along with two distinct pathways.

The standard pathway gives you the freedom to tailor your studies to meet your exact requirements, whilst the mental health pathway gives you the opportunity to gain a subject specific higher level qualification.

Its chief objective is to give you the academic credentials you need to improve your chances of being promoted to more senior posts.

Teaching and learning methods include: lectures, seminar groups, action learning groups, work based learning, experiential learning, and both supervised and self-directed study.

### Entry requirements

- A first degree (2:2 class or above) or equivalent from an approved institution of higher education.
- At least one satisfactory reference (on some occasions a second reference will be required). If you have not achieved a first degree you may be considered for admission to the programme if you can provide evidence of suitable experience and supportive qualifications. See programme webpage for full details.
- This programme is open to home and international students.

### Further information

Programme Lead for Standard Pathway:  
Diane Carpenter, d.carpenter@southampton.ac.uk  
+44 (0)23 8059 8438

Programme Lead for Mental Health Pathway:  
Simon Grist, s.grist@southampton.ac.uk  
+44 (0)23 8059 8653

### Modules

Standard Pathway	
Research Methods for Evidence Based Practice 10 ECTS	Standard pathway option modules (50 credits derived from): <ul style="list-style-type: none"><li>– Open modules 10 or 20 ECTS</li><li>– Work-based learning 10 or 20 ECTS</li><li>– Choice from wider Faculty or University provision</li></ul>
Dissertation 30 ECTS	
Mental Health Pathway	
Research Methods for Evidence Based Practice 10 ECTS	Mental health pathway option modules (40 credits derived from): <ul style="list-style-type: none"><li>– Assessment and engagement of patients with common mental health problems using low intensity CBT 10 ECTS</li><li>– Low intensity CBT interventions for patients with common mental health problems 10 ECTS</li><li>– Relational therapy 10 ECTS</li><li>– Open module 10 or 20 ECTS</li><li>– Work-based learning 10 or 20 ECTS</li><li>– Choice from wider Faculty or University provision 10 ECTS</li></ul>
Dissertation 30 ECTS	
Perspectives of Mental Health Care and Treatment 10 ECTS	

 Core module     Option module



# MSc Leadership and Management in Health and Social Care

If your ambition is to be one of the health and social care leaders of the future, then this is the study option for you. From day one this programme concentrates on producing visionary leaders who can boost the quality of care for service users, both in this country and around the world.

### Key facts

**Duration:** one year full time; two to five years part time

### Programme information

The combination of core and optional modules gives you all the fundamental and specialist knowledge you need to develop your career as a clinical leader in the direction you want.

It is an interdisciplinary work focussed programme that is designed especially to enable you to enhance your practice, managerial and leadership skills – making you eligible for more senior roles.

Throughout your study we will work hard with you to help you acquire the leadership competencies needed to lead teams at the highest level.

You will also learn the managerial skills and organisational know-how to enable you to inform tactics and strategy.

### Entry requirements

- A first degree (2:2 class or above) degree in a health or social care subject is required. If you do not meet this criteria, evidence of suitable experience/qualifications may be considered (e.g. a relevant professional qualification at a suitable level, plus several years' post-qualifying experience, at least some at a senior level).
- This programme is open to home and international students.

### Further information



Programme Lead:

Richard Giordano, [r.giordano@southampton.ac.uk](mailto:r.giordano@southampton.ac.uk)

+44 (0)23 8059 7864

### Modules

Core modules		
Self Leadership 10 ECTS	Leading Others 10 ECTS	Strategic Management 10 ECTS
Research Methods and Evidence-Based Practice 10 ECTS	Dissertation 30 ECTS	
Option modules (to total 20 ECTS)		
Creativity and Innovation: A Service Improvement Workshop 5 ECTS	Decision Making Workshop 5 ECTS	Health Policy 10 ECTS
Governance in Action 10 ECTS	Health Informatics 10 ECTS	Principles of Coaching: Improving workforce performance 10 ECTS
Research Methods for Improving Health Services 10 ECTS	Using data for the analysis and development of quality in healthcare organisations 10 ECTS credits	Work Based Learning 10 ECTS
Or option module from wider faculty (see pages 36-37)		

 Core module     Option module

# MSc Physiotherapy (pre-registration)

This accelerated pre-registration programme gives you the opportunity to pursue a career in physiotherapy if you already hold a first degree in a related subject. What is more, you will also gain a masters qualification.

### Key facts

Duration: two years full time

### Programme information

This MSc degree is a comprehensive study option that gives you the credentials you need to register with the Health and Care Professions Council as a physiotherapist.

You will also spend a minimum of 1,000 hours on practice placement under the supervision and guidance of a qualified physiotherapist.

Ultimately, you will devise and complete a research study at masters level, which you will then commit to paper in a style that is suitable for publication in an academic journal.

### Modules

Year 1		
Foundations and Principles of Physiotherapy Practice 10 ECTS (Level 6)	Clinical Practice and Management - Physiotherapy 20 ECTS	Practice Placement 2 - 10 ECTS
Practice Placement 3 - 10 ECTS	Practice Placement 4 10 ECTS	
Year 2		
Integrated Clinical Practice and Management - Physiotherapy 10 ECTS	Complex Clinical Practice and Management - Physiotherapy 30 ECTS	Critical Inquiry 30 ECTS
Practice Placement 5 10 ECTS	Practice Placement 6 10 ECTS	

Core module

### Entry requirements

- You will have a 2:1 honours degree (or higher) awarded within the last three years in a relevant subject.
- Your first degree must also have had a research training component and you will have completed an undergraduate research study and will have written this up.
- Full entry requirements can be found on the programme page on the Health Sciences website.
- You must meet NHS bursary criteria.

### Further information

Programme Lead:  
Richard Collier, richard.collier@southampton.ac.uk  
+44 (0)23 8059 5285

# MRes Clinical and Health Research

This robust clinical and health research training option represents your passport to clinical academic careers, research management roles, or further research training. Successful completion of this interdisciplinary programme will equip you with the skills and knowledge to engage in all aspects of research within clinical, healthcare, or academic contexts.

## Key facts

**Duration:** one year full time; two to five years part time.

### Pathways:

- Clinical Academic
- Health Research

## Programme information

The MRes programme is for healthcare practitioners from a variety of backgrounds, including: nurses, midwives, allied healthcare professionals and doctors.

It is also suitable for people who do not hold a healthcare qualification, but who are working in clinical research environments.

This programme is a component of the National Institute of Health Research (NIHR) Clinical

Academic Careers Training Pathway and provides an excellent grounding for applied clinical research.

It is also an exceptional precursor for doctoral studies, and will help you develop a broad range of skills so you can manage and develop your own research career.

This programme will help you to achieve the core competencies relating to research detailed within the NHS knowledge and skills framework, and the competency framework for clinical research nurses.

## Entry requirements

- A first degree (2.2 class or higher) or equivalent, in a relevant subject, from an approved institution of higher education.
- You would normally have a health professional qualification leading to current registration with the appropriate professional body and/or relevant clinical/professional experience.
- This programme is open to home and international students.

## Further information

Programme Lead:

Dr Bronagh Walsh, [b.m.walsh@southampton.ac.uk](mailto:b.m.walsh@southampton.ac.uk)  
+44 (0)23 8059 7991

## Modules

Clinical Academic Pathway		
Clinical Research in Practice 10 ECTS	Research Methods for Evidence Based Practice 10 ECTS	Option module to total 10 ECTS (see pages 36-37)
Dissertation 30 ECTS	Applied Qualitative Research Methods 10 ECTS	
	Applied Quantitative Research Methods 10 ECTS	
	Developing Research Skills 10 ECTS	
Health Research Pathway		
Clinical Research in Practice 10 ECTS	Research Methods for Evidence Based Practice 10 ECTS	Option module from wider Faculty option modules to total 10 ECTS (see pages 36-37)
Dissertation 30 ECTS	Applied Qualitative Research Methods 10 ECTS	
	Applied Quantitative Research Methods 10 ECTS	
	Research Methods for Improving Health Services 10 ECTS	

# Doctorate in Clinical Practice

From day one of this interprofessional programme you will be working alongside experienced research supervisors who will give you the skills and experience to succeed. Ultimately, this study option will equip you with everything you need to assume high level leadership and strategic healthcare roles anywhere in the world.

## Key facts

**Duration:** Three to four years full time;  
four to seven years part time

## Programme information

The programme comprises both a modular taught component and a major piece of clinically focussed research leading to submission of a thesis and viva.

The taught component is made up of core modules and option modules that give you scope to design your own route towards completion according to your particular field of practice.

You will be invited to nominate a senior colleague to fulfil the role of a practice mentor, who will offer you critical advice.

Furthermore, this programme is run in conjunction with the Institute of Sound and Vibration Research, which has a world class reputation for using technology to improve quality of life.

Successful completion of this programme will also help you to achieve the core dimensions of the NHS Knowledge and Skills Framework (2004).

## Entry requirements

- You should possess a 2:1 honours degree or higher in a relevant subject and/or a higher degree in a health related subject (or equivalent).
- A professional qualification leading to registration with the appropriate professional body.
- A minimum of three years relevant clinical/professional practice.
- This programme is open to home and international students.

## Further information

Programme Lead:  
Dr Chris Bailey, [c.d.bailey@southampton.ac.uk](mailto:c.d.bailey@southampton.ac.uk)  
+44 (0)23 8059 7861

## Modules

Core
Designing and Implementing Research (Research Training Programme) 20 ECTS
People, Politics, Practice: Contextualising Healthcare Research 10 ECTS
Governance in Action 10 ECTS
The Essence of Decision-making OR Diagnostic Assessment and Decision-making 10 ECTS
Leading Innovative Services for Quality Improvement 20 ECTS
Research Thesis 180 ECTS
Option modules (to total 20 ECTS)
Option from wider Faculty to total 20 ECTS

 Core     Option module



## MPhil/PhD Health Sciences

If you are looking for a research degree at a world class institution with an excellent track record for securing funding, then our MPhil/PhD could be the opportunity for you. This research degree is designed to appeal to a range of people who are looking to undertake research related to health or social care.

### Key facts

**Duration:** Three to four years full time;  
four to seven years part time

### Programme information

You will enrol on the MPhil at the start of this programme, and then undergo a process to upgrade to a PhD at an appropriate point in your studies.

You will be assigned at least two members of supervisory staff who have experience and expertise in your particular area of research.

Throughout your studies you will have the opportunity to participate in doctoral level research training and complete structured activities relating to your research.

You will also be entitled to attend a series of research forums; thus facilitating the development of your wider research knowledge and enabling you to be part of the wider research community.

Furthermore, you will work closely with those individuals to conduct a piece of research and thesis in accordance with the Researcher Development Framework.

Your progress will be assessed continually throughout the course in preparation for your 30,000 word upgrade thesis plus viva, and ultimately your 75,000 word final thesis plus viva.

### Entry requirements

- You should possess a 2:1 honours degree or higher, in a health-related subject (or equivalent).
- An outline research proposal which fits the research interests of the Faculty.
- Satisfactory academic references.

### Further information

Programme Lead:

Dr Maggie Donovan-Hall, mh699@southampton.ac.uk  
+44 (0)23 8059 8880

## Clinical Academic Doctoral Fellowship Scheme

**The Clinical Academic Doctoral Fellowship Scheme is open to postgraduates aspiring to become clinical academic leaders of the future.**

As a high achieving student you are eligible after you have graduated with a first class or a 2:1 award. For four years you will work in clinical practice for 40 per cent of your time and for 60 per cent you will be undertaking your PhD studies.

Your research learning will be supported by academics leading world class research taking place in the Faculty. Guided by mentors in clinical practice within our partner NHS organisations, you will be provided with the skills required to become a knowledgeable and skilful graduate practitioner.

Whilst undertaking your PhD studies you will be based in our new purpose-built facility in Southampton. This facility is designed to nurture, stimulate and develop creative and compassionate clinical and academic leaders. From high-flying competent graduates to

advanced practitioners and senior academics, we aim to foster curiosity and courage, provoke clear and critical thinking, and develop the robust research skills needed for clinical and academic leadership and organisational change. As a clinical academic you will be able to make complex clinical decisions, evaluate practice, coordinate, lead, manage care and advocate for your patients' needs.

This scheme aims to give you the best possible start to a doctoral career in healthcare. It is aimed at highly motivated graduates who wish to rapidly accelerate their careers. The skills you gain will enable you to become future Directors of Nursing, Professors of Nursing, or Professors of Allied Health Professions.

### Further information

Dr Greta Westwood, Clinical Academic Co-ordinator,  
g.westwood@southampton.ac.uk +44(0)23 8079 3201

A portrait of Hilary Awuah, a young Black man with a mustache, smiling and looking slightly to the right. He is wearing a light purple button-down shirt. His arms are crossed. The background is a light blue wall with a white geometric pattern.

“Studying at Southampton has been a wonderful experience so far. The tutors are fantastic and I really like the modular structure. I’ve gained a lot from the course and from the NHS about social policy. I hope to take this knowledge back to Ghana where I work as an NGO to effect policy in health and social care.”

**Hilary Awuah**  
Postgraduate student

# Continuing professional development

Realise your ambitions with our professional development opportunities

## **The tools to realise your ambitions**

The principal aim of continuing professional development (CPD) is to help you work in new and innovative ways by equipping you with the very latest knowledge and skills. That is why we offer a whole host of CPD opportunities to help you diversify, as well as stay up to date.

Our innovative CPD opportunities are highly flexible, which means you can work and study at the same time. Study options vary from postgraduate taught modules, which give you the chance to complete rigorous academic study as part of your CPD, to workshops and short courses that are ideal for short term learning.

We work collaboratively across the University on our provision, combining expertise to equip you with the very latest knowledge and skills; thus helping you to provide the highest standard of healthcare throughout your career.

## **Workshops and short courses**

These generally comprise less formal education pathways but can contain formal assessment. They can be lectures, workshops and self directed study with study over one to five days. For further information on the workshops and short courses available, visit: [www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

## **Taught modules**

Taking a standalone module is the ideal opportunity to gain academic credit toward further study. Most modules are key components of our postgraduate programmes, so it might be worth sampling one or two modules before you enrol on a postgraduate course. Each one is worth 5-20 credits under the European Credit Transfer System (ECTS) and up to 30 credits can be transferred. However, if formal study is not for you, the majority of our modules can be taken without assessment, solely for CPD.

Most modules require attendance at study days, along with a set number of study hours, whilst others involve more online learning. They are usually selected by you and your manager depending on your individual needs and the needs of your particular workplace.

You can purchase all our CPD opportunities independently, but some may be funded by your employer via commissioned places – for details please visit: [www.southampton.ac.uk/healthsciences/cpd/fees\\_and\\_funding.page](http://www.southampton.ac.uk/healthsciences/cpd/fees_and_funding.page)

*You can view our full list of standalone modules on page 36 and 37.*

## Level 6 modules

Assessment and learning in practice settings
Care of people with cancer
Collaborative working for community capacity
Developments in cardiology
Forensic child and adolescent mental health
Foundations in history taking and physical assessment
Foundations of high dependency care (adult)
Independent and supplementary prescribing part one – applied pharmacology and medicines management #
Independent and supplementary prescribing part two – prescribing in practice #
Intensive care
Introduction to end-of-life care for children and young people with chronic and/or life threatening illness
Introduction to high dependency and the intensive care of the neonate
Introduction to the management of chronic obstructive pulmonary disease in primary and secondary care
Introduction to the management of diabetes in primary and secondary care
Leadership and management of innovation and change
Leadership in health and social care
Management of coronary heart disease and heart failure in primary and secondary care
Maternity care for women with high risk maternal and/or fetal health needs
Motivational interviewing in the service of health promotion
Palliative and end-of-life care for people with life-threatening illness
Professional studies: clinical effectiveness and evidence – based practice supplementary module
Recognising the deteriorating adult patient
Recognising the deteriorating child
Return to practice (nursing and midwifery #
Safeguarding and child protection: children and young people - developing practice
Self-harm: advancing strategies and interventions
Sexual health care practice
Work based learning

## Level 7 modules

Advanced statistical methods in epidemiology
Advancing maternity care for women with complex maternal and/or fetal health needs
Advanced neonatal studies
Advancing practice in critical care
Allergic airways disease*
Applied research methods: qualitative
Applied research methods: quantitative
Assessment and engagement of patients with common mental health problems using low intensity cognitive behavioural therapy
Assessment and examination of the newborn
Assessment and learning in practice
Assessment of nutritional status*
Collaborative working for community capacity
Communicable disease control*
Complexities in care in forensic child and adolescent mental health
Contemporary advances in cardiology*
Contemporary issues in midwifery practice
Creativity and innovation
Decision making
Decision making for advanced clinical practice – neonatal
Decision making for advanced clinical practice - standard
Developing public health practice *
Developing research skills*
Development and implementation of public health policies and strategies*
Diagnostic assessment and decision making
Eczema, urticaria and anaphylaxis*
Enabling change for health improvement*
End-of-life care for children and young people with chronic and/or life threatening illness
Epidemiology: concepts, analysis and application*
Essence of decision making
E.Research methods
Evidence based practice, research and epidemiology for meeting complex needs in sexual health



Extending practice in the assessment and management of musculoskeletal spinal pain	Postgraduate certificate in CBT** #
Extending practice in upper quadrant musculoskeletal disorders (shoulder and elbow)	Principles of coaching: improving workforce performance
Food allergy*	Principles of high dependency care (adult)
Foundations in intensive care	Principles of history taking and physical assessment
Foundations of allergic disease*	Psychological and social relationships in health and rehabilitation
Governance in action	Public health: law and ethics*
Health promotion, motivational interviewing and health behaviour change	Recognising and prioritising care of the deteriorating adult patient
Health services organisation and evaluation	Recognising and prioritising care of the deteriorating child
Healthcare informatics	Relational therapy
High dependency and intensive care of the neonate	Research skills and statistics*
Independent and supplementary prescribing: part one - pharmacology and applied clinical sciences for prescribing and advanced medicines management #	Safeguarding and child protection: children and young people - advancing practice
Independent and supplementary prescribing: part two prescribing in practice #	Self-leadership
Injection therapy	Sensory processing and cognition
International and contemporary perspectives of clinical leadership in cancer, palliative and end-of-life care	Sensory-motor interaction in neuro-rehabilitation
Leading others	Specialist practice in cancer, palliative and end of life care
Leading service development	Statistical and qualitative methods for public health* #
Learning and teaching in health and social care practice #	Strategic management
Learning and teaching in health and social care practice (practice teacher) #	Using data for the analysis and development of quality in healthcare organisations
Low intensity CBT interventions for patients with common mental health problems	Work based learning #
Management of adult diabetes in primary and secondary care	
Management of chronic obstructive pulmonary disease in primary, community and secondary care	
Management of coronary heart disease and heart failure in primary and secondary care	
Nutrition in harsh environments*	
Open learning #	
Outcome tools for effective practice #	
Perspectives of mental health care and treatment	
Policy and service design in cancer, palliative and end-of-life care	

\* Delivered by the Faculty of Medicine

\*\* Delivered by the Faculty of Psychology

# Assessment compulsory

### Module dates and prices

The modules displayed run at multiple times throughout the year in various locations. Further information, including entry requirements, latest dates and prices are available on our website:

[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

# Applying and funding

**You will need funding confirmation before registering as a student undertaking postgraduate or CPD study. Contact our admissions office for information about awards from research councils and other sponsors that may be currently available.**

## General entry requirements

To apply for postgraduate study you must satisfy our general entry requirements and any specific requirements of your chosen module, programme or short course. As well as academic qualifications and practical experience, we look for evidence of your interest in the course and an understanding of the rigorous demands of postgraduate study.

## How to apply

### Postgraduate programmes

Applications for research and taught programmes are made using our online application form.

Most programmes also have additional application requirements and some have specific application deadlines related to teaching timetables and funding opportunities. These are set out online at [www.southampton.ac.uk/pgapply](http://www.southampton.ac.uk/pgapply)

### CPD

To apply for a stand-alone module or short course you should first discuss your interest with your manager as employer support may be available. Applications are made using our application form and module payment form, which is available online.

## Admissions policy

1. The University of Southampton will:
  - recruit students from a wide range of backgrounds, who we believe have the potential to complete their programmes successfully and make a valuable contribution to university life
  - attract applicants who enjoy the challenge of forward thinking, the excitement of research findings in their programmes, and the high standards of learning and teaching we set ourselves
  - foster a diverse learning community in which our students will meet people from different cultures, thereby enhancing their skills of critical reasoning, teamwork and communication; thus preparing them for successful participation in their chosen careers and roles

2. The University is committed to a system of admission that ensures fairness, transparency and equal opportunities within the legal framework of the UK, and best practice. All reasonable effort will be made to ensure that no prospective or existing student is treated less favourably on the grounds of age, race, colour, nationality, ethnic origin, creed, disability, sexual orientation, gender, marital or parental/carer status, political belief or social or economic class, or any other type of discrimination.

## Programmes: tuition fees and funding

The University offers help and advice on funding for prospective postgraduate students. You will need to pay annual tuition fees to the University for your programme of study. These vary according to the type of programme you choose. Fees charged for full-time, non-EU international students include the full cost of tuition, examinations, Students' Union membership and research support expenses, where applicable.

Course sponsorship is available for some masters and doctoral programmes and funding is also available from external funding bodies and scholarship programmes. Information on bursaries or scholarships to students from certain countries, or those studying certain subjects is available at [www.southampton.ac.uk/intscholarships](http://www.southampton.ac.uk/intscholarships)

We receive high levels of funding from external bodies specifically for postgraduate researchers. We also offer a wide variety of postgraduate scholarships and bursaries across the University for UK/EU and international students. Further information is available from our postgraduate admissions office.

Details of current PhD studentships are advertised on the University's job opportunities webpage, see [www.southampton.ac.uk/jobopps](http://www.southampton.ac.uk/jobopps)

## Commissioned places

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The University makes available commissioned places on specified modules on behalf of NHS trusts and other organisations.

### Hampshire and Isle of Wight, Wiltshire and Dorset

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If you work in a trust within any of the above areas then you may be able to access pre-paid places. You should contact the relevant person or department to discuss arrangements for financial support.

All application forms for commissioned places must be signed by an authorised signatory from the trust. Should these prepaid places not be available for any reason we will advise you as soon as possible.

## Self-funding students

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We welcome applications from self-funding students. To apply, a payment form must be completed and returned along with your registration form. This form is available from our website. This form requires that payment be made in one of three ways:

- by cheque for the full amount made payable to ‘University of Southampton’
- by online payment via a secure link
- by invoice to your employer or other sponsoring organisation - an official purchase order number must be provided along with the full invoicing address and the name, signature and position of an authorised person.

A place cannot be guaranteed or confirmed until payment has been made.

Invoices cannot be raised for individual students where the student is paying the fees; instead, payment must be made either by cheque or by credit/debit card using the payment form.

## Cancellation for standalone modules

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Cancellations of stand-alone modules must be received in writing by the post-qualifying admissions office at least 15 working days before the commencement date of the module and are not valid until confirmation of receipt is sent by the Faculty. In such cases a refund of 90% of the module fee will be made. There will be no refund for cancellations not received in writing or received less than 15 days before the start of the module.

In the case of commissioned NHS places: substitute students may attend at no additional charge, provided that notice and a completed registration form are received by the Learning Beyond Registration admissions office at least ten working days before the start of the module. Substitute students will not be accepted without this notice and registration form, and a pre-purchased place will therefore be deemed to have been used. Students who are unable to attend must in the first instance contact the authorised signatory in their trust or organisation who will then inform the Faculty.

## Contact us

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Tel: +44 (0)23 8059 5500

Email: [healthsciences@southampton.ac.uk](mailto:healthsciences@southampton.ac.uk)

[www.southampton.ac.uk/postgraduate/feesandfunding](http://www.southampton.ac.uk/postgraduate/feesandfunding)

# International postgraduates

The University has a thriving international community. In 2010/11 we welcomed around 5,000 EU and international students from more than 130 countries.

## International Office

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Staff from our International Office attend educational exhibitions around the world as well as making numerous visits overseas and to colleges in the UK. Face-to-face contact is the best way of getting to know the University, so if you are unable to visit us in Southampton, make sure that you book an appointment to meet us at one of the exhibitions. For full details of locations and timings of our overseas visits, please contact the International Office.

We provide advice and information to anyone who is considering applying to Southampton. Our aim is to make the process of joining the University as simple as possible. Visit our website, which has information available in many languages, for an introduction to the University.

## Welcoming our international students

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Before leaving home and arriving in the UK, there are a number of things you should do to prepare for university life. These include having the right documentation, filling in forms and registering for various services and programmes. Make sure you read our information for international students on our website, or contact the International Office for advice.

## International Welcome Programme

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We encourage all new international postgraduates to register for our Welcome Programme, specifically designed for international students. This takes place in September each year and includes general events to introduce you to our facilities, subject-specific events to begin your academic induction, and a range of social and cultural activities. The programme offers practical information and presents an opportunity to meet staff and other students.

On certain dates before the beginning of the academic year, we arrange to meet new international students from London Heathrow Airport (Meet and Greet Service). Our representatives will be there to meet you and transport you directly to the University for the Welcome Programme. [www.southampton.ac.uk/welcome](http://www.southampton.ac.uk/welcome)

## Support

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We have three specialist academic advisors, whose role is to support our international students with their studies. The Students' Union Advice Centre also provides cultural and personal support.

## Split-site PhD

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It is possible to arrange split-site PhDs in some of our academic units. This involves spending a minimum of 12 months in the UK and the remaining time in your home country.

## Visas

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Before you come to study in the UK, it is essential that you find out about the UK's immigration procedures and how they will affect you. Our website provides information on student visas, police registration, working in the UK and links to other useful websites. [www.southampton.ac.uk/visas](http://www.southampton.ac.uk/visas)

## English language requirements

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If English is not your first language, you will need to demonstrate that you have reached a satisfactory standard in an approved English language test. For the majority of our courses we require an IELTS level of 6.5 or equivalent, achieved in the past two years. If you need to improve your English language skills, you can apply to our pre-session English language courses.

## Contact us

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International Office

Tel: +44 (0)23 8059 9699

Email: [global@southampton.ac.uk](mailto:global@southampton.ac.uk)

[www.southampton.ac.uk/international](http://www.southampton.ac.uk/international)



# Working with healthcare organisations

We are one of the world's leading entrepreneurial universities, with an impressive track record as an innovating partner to healthcare organisations in both the public and private sector.

## Meeting your needs

At Health Sciences we work closely with numerous NHS trusts and other organisations to provide tailor-made and commissioned places on individual modules to meet the CPD needs of your workforce.

Our experience in using this partnering approach means that we can work to identify and respond to the exact needs of your organisation – developing your workforce expediently.

Our education provision is underpinned by the values of the NHS Constitution and the NHS Leadership Framework.

As a result, your organisation will be able to provide the highest standard of healthcare – meeting service needs both now and in the future.

## Innovative education

We are proud to use some of the most innovative learning techniques available anywhere in the world.

For example, there is our HEAT project, which helps students to explore clinical scenarios, rehearse solutions, and change outcomes for the better.

In addition, there is the Wessex Academic Science Health Network knowledge programme which focuses on achieving best practice and best value in healthcare through innovation. This project benefits from a process of consultation with over 40 different organisations.

These two examples demonstrate our commitment to using innovation for the benefit of service users, healthcare professionals and organisations.

## Healthcare consultancy

We provide consultancy to a range of organisations, both public and private, to create new opportunities for learning and discovery.

We work in partnership with some organisations to help develop their workforce, whilst we work with others on specific research projects. These partnerships provide excellent opportunities for the open exchange of ideas, many of which evolve into innovative solutions for complex problems.

Furthermore, we regularly give advice on healthcare policy to governmental bodies from around the world, which value our expertise.

To discover more about our consultancy activities, simply contact us.

## Contact us

Partnerships and Enterprise

Tel: +44 (0)23 8059 7979

Email: [healthsciences@southampton.ac.uk](mailto:healthsciences@southampton.ac.uk)

[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)

# How to get here

## By road

Southampton M3 – exit M3 at junction 14, following signs for Southampton (A33). Follow the A33 into Bassett Avenue and follow map/signs to University campuses.

M27 (west or east) – leave M27 at junction 5 (Southampton Airport) and follow map/signs to University campuses.

Winchester M3 – exit M3 at junction 9 or 10.

## By rail

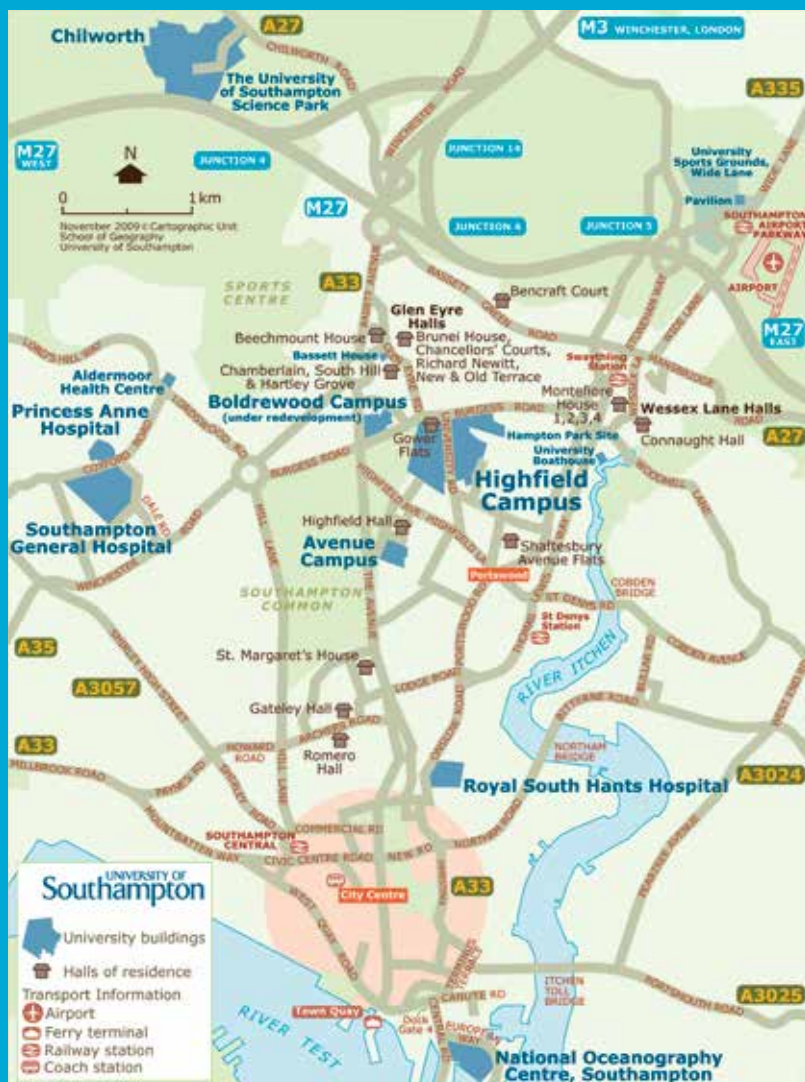
Fast trains from London and Bournemouth/Weymouth stop at Winchester, Southampton Central and Southampton Airport Parkway. Trains from Portsmouth and Bristol/South Wales stop at Southampton Central. The uni-link U1 bus service runs between Southampton Central and Southampton Airport Parkway via the University.

## By coach

Southampton coach station is at Western Esplanade, in the city centre. uni-link U1 buses connect the University's Southampton campuses and the city centre.

## By air

Southampton Airport is about 20 minutes from the Southampton campuses by bus or taxi. There is a full UK domestic service, as well as flights to mainland Europe and the Channel Islands.



# Find out more

Relevant web links are shown throughout the Post qualifying and postgraduate prospectus 2013. Please also consult **healthsciences@southampton.ac.uk** online for further details and/or any changes which have appeared since first publication of the prospectus or phone +44 (0)23 8059 5500 for more information.

## **Disclaimer**

The University of Southampton will use all reasonable efforts to deliver advertised programmes and other services and facilities in accordance with the descriptions set out in its prospectuses, student handbooks, welcome guides and website. It will provide students with the tuition, learning support, services and facilities so described with reasonable care and skill.

The University, therefore, reserves the right if it considers it to be necessary to alter the timetable, location, content or method of delivery of events provided such alterations are reasonable.

## **Financial or other losses**

The University will not be held liable for any direct or indirect financial or other losses or damage arising from changes made to the event timetable, location, content or method of delivery of various services and facilities set out herein.

## **Force majeure**

The University will not be held liable for any loss, damage or expense resulting from any delay, variation or failure in the provision of services and facilities set out herein, arising from circumstances beyond the University's reasonable control, including (but not limited to) war or threat of war, riot, civil strife, terrorist activity, industrial dispute, natural or nuclear disaster, adverse weather conditions, interruption in power supplies or other services for any reason, fire, boycott and telecommunications failure.

In the event that such circumstances beyond the reasonable control of the University arise, it will use all reasonable endeavours to minimise disruption as far as it is practical to do so.

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This information can be made available, on request, in alternative formats such as electronic, large print, Braille or audio tape, and in some cases, other languages. Please call +44 (0)23 8059 7726 to request an alternative format.

[www.southampton.ac.uk/healthsciences](http://www.southampton.ac.uk/healthsciences)  
UK and EU enquiries:

[healthsciences@southampton.ac.uk](mailto:healthsciences@southampton.ac.uk)

+44 (0)23 8059 5500

International enquiries:

[global@southampton.ac.uk](mailto:global@southampton.ac.uk)

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